

Centre Oral & Facial Surgery

Ambulatory Anesthesia Instructions

DAY BEFORE SURGERY

Bathe or shower the night before (or the morning of) surgery with plain, unscented, or mild soap and water.

DO NOT EAT OR DRINK ANYTHING, including water, (except medications as directed) after midnight the night before your surgery.

DO NOT SMOKE for 24 hours prior to your surgery.

DAY OF SURGERY

Medications – Only follow the instructions as indicated with a checked mark on the box.

- Take all morning medications as usual with only a small sip of water.
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- Take the prescribed antibiotic pre-medication (typically 600 mg of clindamycin or 2000 mg of amoxicillin) with only a small sip of water **30 minutes prior to scheduled surgery.**
- Take 2 puffs of your inhaler (*typically albuterol*) **one hour** prior to your scheduled surgery time.
- Other: _____

You must arrange for a responsible adult to drive with you to your surgery. **This individual must remain in our office during your entire surgery** (approximately 2 hours) and must be available to drive you home. You will not be permitted to drive following your anesthesia / sedation. **In addition, we are not permitted to discharge you by taxi.**

Do not wear any make-up, including eye make-up, nail polish, fake fingernails or jewelry (wedding bands are permitted). If applicable, *please remove contact lenses prior to surgery.* **Please limit the use of fragrances (including lotions) and perfumes on the day of surgery.**

Leave valuables such as watches, jewelry at home or with your escort. **We cannot be responsible for lost valuables.**

Please wear loose fitting, comfortable clothing (**a short sleeved top** is preferable, with **long pants** and socks), as well as flat, fitted shoes such as sneakers.

If there has been a change in your physical condition, such as a cold, cough, fever, rash, etc. please inform us in advance.

Due to privacy of all of our patients, family members are not permitted in the operating room or the recovery room. We will, though, keep your family updated upon completion of surgery as well as your progress during your recovery.

We ask that you do not bring additional young children on the date of surgery. This is due in part to limited space and the duration of time you will be in our office.

Minimizing the time you wait in our office is very important to us. To minimize your wait time, as well as other patients, **you must arrive at your appointed time. If unforeseen events cause you to arrive late, we may need to reschedule your appointment.**

Please feel free to contact our office if you or your family has any questions or concerns. Thank you in advance.