

CENTRE ORAL & FACIAL SURGERY

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INSTRUCTIONS FOLLOWING RESTYLANE[®] COSMETIC TREATMENT

Please read this handout carefully and keep it as a reference for after surgery. Every surgical procedure is different, so not all of the instructions may apply. Common sense will often dictate what you should do. When in doubt, or if you have any questions not addressed below, please do not hesitate to call.

Results

Results of your treatment may take up to seven days to take full effect. Please wait a week before assessing if you are pleased with the result.

Bruising

To reduce the risk of bruising, avoid aspirin containing products or anti-inflammatory medications such as Advil, Motrin, etc. If you need to use a pain medication to alleviate minor pain, acetaminophen is safe to use immediately after the procedure. **Do not rub or massage the treated area for six hours after your treatment. Do not do any type of strenuous activity for six hours after treatment.** This will minimize the risk of raising your blood pressure and minimize the risk of temporary bruising.

Sleep with your head elevated for one night to help reduce any swelling. **Avoid sun and/or cold outdoor activities until any redness or swelling disappears.**

Feel free to shower and go about most other regular daily activities. **If you need to apply makeup within 6 hours after your treatment, use a GENTLE touch** to avoid rubbing the treated area. You can resume skin care products the next day

Continual Treatment

Restylane[®] cosmetic is a temporary procedure. At first you may find that your treatment results will last approximately six months. **If you maintain your treatment appointments with the frequency recommended by your doctor, the duration of each treatment result may last longer than six months.**

The doctor will see you for a recheck visit two to three weeks after having the injections. **This will allow the doctor to see how your individual muscles reacted to Restylane[®] and help to achieve optimal results.**

Please remember that your follow-up visits are very important.

Our 24 hour, 7 days a week contact number is 814-235-7700.

Our web site, centreoms.com, has additional information that you may find useful.