

# CENTRE ORAL & FACIAL SURGERY

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## INSTRUCTIONS FOR IMMEDIATE DENTURE CARE

Please read this handout carefully and keep it as a reference for after surgery. Every surgical procedure is different, so not all of the instructions may apply. Common sense will often dictate what you should do. When in doubt, or if you have any questions not addressed below, please do not hesitate to call.

### Steps to follow

- For the first 24 hours, you should leave your denture in place at all times, even at night. Wearing the denture as much as possible helps to prevent swelling and bleeding. It also gives you time to get used to wearing your new denture.
- After the first 24 hours, you may remove your denture and rinse with tap water. After rinsing, immediately reinsert the denture. You should do this for the next four days.
- After five days, you can begin taking your denture out at night.
- It is likely that your new denture will need adjustment and possible relining. These adjustments and relining procedures are done by your general dentist.

**Please remember that your follow-up visits are very important.**

**Our 24 hour, 7 days a week contact number is 814-235-7700.**

Our web site, [centreoms.com](http://centreoms.com), has additional information that you may find useful.