Floor of Mouth Surgery Postoperative Instructions

1. Mild swelling and pain in the floor of the mouth is expected for the next 7-10 days. Pain with swallowing is also normal.

2. Swelling usually peaks on the second or third day following surgery.

3. The sutures in the floor of the mouth will dissolve over the next 5-10 days. They are designed to come out on their own.

4. If the procedure was done under general anesthesia, it is not unusual to have a sore throat and some congestion from the tube used during anesthesia.

5. A bland, soft diet is recommended for the next week. Please refer to the Post Surgical Liquid Diet brochure.

6. Drink at least 6 full glasses of water every day.

7. The surgical area in the floor of the mouth may ooze a mild amount of blood for the next 12-24 hours.

8. On the day of surgery, rest only. Tomorrow, you can do whatever you feel you can tolerate.

9. If difficulty breathing or severe bleeding occurs, call the doctor immediately or go to the nearest emergency room.

Sometimes the after effects of surgery are quite minimal, so not all of the instructions may apply. Common sense will often dictate what you should do. However, when in doubt follow these guidelines or call our office for clarification.

Our number is 814-235-7700.